NSW Clinicians

Carolyn Lowe

Modality: Naturopath; Herbalist

Contact: Carolyn Lowe - Tel: 0415874664 - email:

carolyn@carolynlowe.com.au,

Clinic Days: Monday, Tuesday, Wednesday, Saturday

Practice Type: Online only

Location: NSW

Specialties: Chronic Illness, Gut Health

Website: carolynlowe.com.au

The Functional Naturopath

Modality: Naturopath

Contact: Email: admin@thefunctionalnaturopath.com

Practice Type: Online only
Location: Narrawallee NSW

Specialties: Autoimmune disease, GI disorders, Coeliac

Disease

 $\textbf{Website:}\ \underline{www.the functional naturo path.com}$

Social media: Instagram

Wellness Vision

Modality: Naturopath; Nutritionist; Functional Medicine

Practitioner (IFMCP)

Contact: Jasmin Polley -Email:

admin@wellnessvision.com.au - Tel: 02 4989 6986

Clinic Days: Tuesday - Thursday

Practice Type: Online and in-person

Location: Atune Health Centre, 52 Ada Street, Cardiff NSW

2285

Specialties: Functional Medicine, Gut health, Hormonal

health

Website: www.wellnessvision.com.au

Social media: Instagram, Facebook, LinkedIn

CK Health and Wellbeing

Modality: Naturopath; Nutritionist

Contact: Cody Kennedy – Email: <u>admin@ckhealth.com.au</u>

- Tel: 02) 4077 3803

Practice Type: Online and in-person

Location: Merewether, Newcastle NSW

Specialties: Microbiome, Auto Immune such as Lupus,

IBD, Thyroid conditions and MS

Website: https://ckhealth.com.au/
Social Media: Facebook, Instagram

Gut Feeling Naturopathics

Modality: Naturopath

Contact: Emily Sugars – Email:

hello@gutfeelingnaturopathics.com - Tel: 0483955117

Practice Type: Online only

Location: NSW Australia

Specialties: SIBO/IBS Microbiome Restoration Functional

Digestive Disorders

Website: www.gutfeelingnaturopathics.com

Deena Jane Kelaita

Modality: Nutritionist

Contact: Deena Jane Kelaita - Email:

info@deenajanekelaita.com - Tel: 0402 028 236

Clinic Days: Monday, Tuesday, Wednesday, Thursday

Practice Type: Online and in-person

Location: Ryde, NSW

Specialties: Gut health, IBD, Autoimmunity, Skin Health,

Genetic Testing

Website: www.deenajanekelaita.com

Social media: Instagram

Sophie Thelosen - Nutritionist at Mosman Integrative Medicine

Modality: Nutritionist

Contact: Sophie Thelosen - Tel: 0448 485679 - Email:

sophie.thelosen.nutritionist@gmail.com

Practice Type: Online and in-person

Location: Mosman, NSW

Specialties: Gut health - SIBO and microbiome. Post-viral

fatigue. Autoimmune conditions.

Website: www.mimpractice.com

victoriapavasovic.com trading as Agewell Pty Ltd

Modality: Transitional Functional and Nutritional

Medicine, RN, Food and Nutritional Coach

Contact: Victoria Pavasovic - Email:

victoria@vphealth.com

Clinic Days: Monday Thursday Friday

Practice Type: Online and in-person

Location: Lower North Shore Sydney, Australia

Specialties: Function and Metabolic Health, Skin Health,

Integrative Aesthetics, Weight management

Website: victoriapavasovic.com

Bronwyn Quinn Naturopathy

Modality: Naturopath; Nutritionist;

Contact: Bronwyn Quinn – Email: info@bronwynquinn.com.au

Practice Type: Online and in-person

Specialties: Gut health and microbiome analysis, perimenopause and the menopausal transition

Website: www.bronwynquinn.com.au

Social media: Instagram

Kylie Dowling Inside Out Wellness Hub

Modality: Nutritionist

Contact: Kylie Dowling – Email:

nutritioninsideout@outlook.com - Tel: 0410 123 456

Practice Type: Online and in-person

Location: Mona Vale, NSW

Specialties: Gut health (IBS, SIBO, IBD), women's health

(perimenopause)

Website: www.nutritioninsideout.com.au

Dani Naturopathy

Modality: Naturopath

Contact: Danielle Roger – Email: info@daninaturopathy.com

Practice Type: Online and in-person

Location: Bronte and Paddington NSW

Specialties: Digestive health, women's health (including

vaginal health)

Website: www.daninaturopathy.com

Social media: Instagram

Melissa Poczwa Naturopath

Modality: Naturopath

Contact: Melissa Poczwa – Email: melissa.naturopathy@gmail.com

Practice Type: Online and in-person

Location: Shellharbour, NSW

Specialties: Gut health and microbiome specialist,

women's reproductive health

Website: www.melissapoczwa.com.au

Social media: Instagram

Integrative Wellness Clinic

Modality: Naturopath

Contact: Email: admin@integrativewellnessclinic.au – Tel:

1300 211 922

Clinic Days: Monday - Saturday

Jayne Sharpham

Modality: Naturopath

Contact: Jayne Sharpham – Address: 230 Marius St,

Tamworth NSW 2340

Clinic Days: Monday - Friday

Practice Type: Online and in-person

Location: U5, 63-65 Campbell Street, St Peters NSW 2044

Specialties: Genetics, Hormone Health, Chronic Fatigue, Gut Health, Mental Health, Children/Adolescents Health

Website: https://integrativewellnessclinic.au/

Social media: Instagram

Other: "By understanding the intricacies of your genetic code, you can make informed decisions about your health

and wellness."

Practice Type: Online and in-person

Location: Tamworth

Specialties: Naturopath

Website: www.tamworthnaturopathy.com.au

Skye Bartley

Modality: Naturopath

Contact: Skye Bartley - Email: info@skyebartley.com.au -

Tel: 0407 197 250

Clinic Days: Monday, Tuesday, Wednesday, Thursday

Practice Type: Online and in-person

Location: Southern Gold Coast and Northern NSW

Specialties: Mental and emotional health, Adult ADHD, Sexual health, PMDD, PCOS, MAFLD, Insulin resistance

Website: www.skyebartley.com.au

Social media: Instagram

Oh Healthy Baby

Modality: Naturopath; Nutritionist

Contact: Laila Helena – Email: hello@ohhealthybaby.com

Practice Type: Online only

Location: Byron Bay Hinterland

Specialties: Baby and toddler health, allergies, gut health

Website: www.ohhealthybaby.com

Social media: Instagram

Digest Health

Modality: Nutritionist

Contact: Julie Howell - Email: julie@digest.health

Practice Type: Online and in-person

Location: Bowral, NSW

Specialties: Gut health, healthy ageing, metabolic health,

autoimmune, IBS, mental health, health coaching

Website: www.digesthealth.com.au

Social media: LinkedIn

Simply Thrive

Modality: Nutritionist

Contact: Bec Lean - Email: bec@simplythrive.com.au -

Tel: 0408 777 652

Practice Type: Online and in-person

Location: Somerville, VIC

Specialties: Gut health, peri-menopause

Website: www.simplythrive.com.au

Social media: Instagram

Herb and Spice Naturopathy

Modality: Naturopath; Nutritionist

Contact: Lisa Hayne – Email: admin@herbandspice.net.au

Practice Type: Online and in-person

The Rainbow Health Centre

Modality: Naturopath

Contact: Lee Vassella – Email:

therainbowhealthcentre@gmail.com - Tel: 0484 076 120

Location: Narrabri, NSW

Website: https://www.herbandspice.com.au/

Social Media: Instagram, Facebook

Website: www.rainbowhealthcentre.com
Helen Harvey Naturopath @ ATUNE

Location: Goonellabah (Lismore), NSW

Practice Type: Online and in-person

Modality: Naturopath; Nutritionist

CK Health and Wellbeing

Contact: Cody Kennedy - Email: admin@ckhealth.com.au

- Tel: (02) 4077 3803

Practice Type: Online and in-person

Location: Merewether, Newcastle

Specialties: IBS, IBD, Autoimmune Diseases

Website: https://ckhealth.com.au/

Social Media: Instagram, Facebook

Other: Certified Microbiome Restoration Centre

Practitioner

reception@atune.com.au

Contact: Tel: 02 4954 4511 - Email:

Location: 52 Ada St, Cardiff, NSW, 2282

Specialties: Digestion, Autoimmunity, Hormonal Health,

Pregnancy and Fertility, Children's Health

Website: https://atune.com.au/helen-harvey-naturopath-

medical-herbalist/

Modality: Naturopath

Anna Lusty - The Rainbow Health Centre

Modality: Naturopath

Contact: Anna Lusty - Email:

info@rainbowhealthcentre.com - Tel: 0484 076 120

Practice Type: Online and in-person

Location: Goonellabah/Lismore

Specialties: Gut Health, Women's Health, Fertility, Pregnancy, Integrative Oncology, Thyroid Disorders

Website: www.rainbowhealthcentre.com

Josie Carin Naturopath

Modality: Naturopath

Contact: Josie Carin Naturopath - Email:

hello@josiecarin.com

Practice Type: Online and in-person

Location: Sapphire Beach (Coffs Harbour area)

Specialties: Migraine, Women's Health, Metabolic Health

and Weight Loss, Digestive Issues, Anxiety,

Perimenopause, ADHD

Website: www.josiecarin.com Social Media: Instagram

WellSet

Modality: Nutritionist

Contact: Karen Van Esveld, Clinical Nutritionist – Email:

<u>karen@wellset.com.au</u> – Tel: 0499887775 **Clinic Days**: Open full business hours 8-6pm

Practice Type: Online and in-person

Location: Vaucluse, Sydney

Specialties: Gut health, disease prevention, weight loss,

hormonal imbalances, osteoporosis, sports nutrition

Website: www.wellset.com.au

Social Media: Instagram

Emma Sutherland

Modality: Naturopath; Nutritionist

Contact: Emma Sutherland – Email: info@studio-

you.com.au - Tel: 9216 7600

Clinic Days: Tuesday, Wednesday, Thursday, Friday,

Saturday

Practice Type: Online and in-person

Location: Balmain, Sydney

Specialties: Female hormones, Gut health

Website: www.studio-you.com.au

Social Media: Instagram

EDF Nutrition

Modality: Nutritionist

Contact: Emma de Ferranti – Email:

edfnutrition@gmail.com

Clinic Days: Online appointments available daily, in-

person appointments available on Saturdays

Practice Type: Online and in-person

Location: Mosman

Website: www.edfnutrition.com.au

Social Media: Instagram

The Healthy Ageing Coach

Modality: Nutritionist; Health Coach

Contact: Julie Howell – Email: <u>julie@healthyageing.com.au</u>

- Website: www.healthyageing.com.au

Practice Type: Online and in-person

Location: Bowral, NSW 2576

Specialties: Gut health & microbiome analysis, IBS,

inflammation, hormone imbalance, menopause, general

nutrition, and healthy ageing

Website: www.healthyageing.com.au

Social Media: LinkedIn

Additional Info: Experience a transformative approach to wellness using food as medicine to promote vitality and resilience. Understand your gut microbiome and optimize

your health for longevity.

Jo's Herbadashery

Modality: Herbalist (Western)

Contact: Jo Morgan – Email: jo@theherbadashery.com

Tel: 0404 837 473

Clinic Days: Monday-Friday

Practice Type: Online and in-person **Location**: Manly and Brookvale, NSW

Specialties: Acute over-the-counter consultations

available at the dispensary

Website: www.theherbadashery.com

Social Media: Instagram

Carter Nutrition

Modality: Nutritionist

Contact: Carter Nutrition - Tel: 0257135585 -

Practice Type: Online and in-person

Location: Tamworth

Specialties: Paediatric Health & Digestive Health (All ages)

Website: www.carter-nutrition.com
Social Media: Instagram | Facebook

VIC Clinicians

Ebony Jordan - Thrive Health Clinic

Melissa Hobbs - Humble Naturopathics

Modality: Naturopath

Modality: Naturopath

Contact: Ebony Jordan - Email:

hello@thrivehealthclinic.com.au, Tel: 0493671773

Practice Type: In-person only Location: Horsham, Victoria

Website: www.thrivehealthclinic.com.au

Social Media: Instagram, Facebook

Karah Edwards- The Sana Co

Modality: Naturopath

Contact: Karah Edwards - Email:

karah@thesanaco.com.au - Tel: 03 5298 2642

Practice Type: Online and In-person

Location: Geelong, VIC

Specialties: IBD, IBS and GORD

Website: www.thesanaco.com.au

Social media: Instagram

Georgenat

Modality: Naturopath

Contact: Georga Holt - Email: hello@georgenat.com,

Clinic Days: Monday, Thursday, Friday & Saturday

Practice Type: Online and in-person

Location: Collingwood & Online

Specialties: Gut, Skin & Hormones

Website: https://georgenat.squarespace.com/

Social media: Instagram

Katie Blakely Wellness

Modality: Naturopath

Contact: Katie Blakely – Email: hello@katieblakely.com.au

Clinic Days: Monday-Friday

Practice Type: Online and in-person

Location: Croydon, Victoria

Specialties: Maternal health - preconception care, pregnancy, postpartum & beyond. Gut health & mental

health

Contact: Melissa Hobbs - Email:

hello@humblenaturopathics.com.au

Practice Type: Online only Location: Mildura, Victoria

Website: www.humblenaturopathics.com.au

Social Media: Instagram, Facebook

By Blu Naturopathy

Modality: Naturopath

Contact: Briana Surkitt - Email:

briana@byblunaturopathy.com - Phone: 0476190708

Practice Type: Online and in-person

Location: Warrnambool, VIC

Specialties: Gut health

Website: www.byblunaturopathy.com

Social media: Instagram

Louisa Carter Health

Modality: Naturopath

Contact: Louisa Carter - Email:

louisa@louisacarterhealth.com.au Tel: 0427989613,

Clinic Days: Thursday, Friday and Saturday

Practice Type: Online and in-person

Location: Preston, Melbourne

Specialties: Women's health, Healthy aging,

Perimenopause.

Website: louisacarterhealth.com.au

Social media: Instagram

Kirily Thomas | Integrative Naturopath | Naturally

Balanced Healthcare

Modality: Naturopath; Microbiome Analyst

Contact: Website: <u>www.naturallybalancedhealthcare.com</u>

Clinic Days: Tuesday, Wednesday, Thursday, Friday

Practice Type: Online and in-person

Location: Belgrave Heights (VIC)

Specialties: Gastrointestinal Disorders, Microbiome Imbalances, Mental Health, Women's Health &

Website: https://katieblakely.com.au/

Social media: Instagram

Chronic/Complex Illness

Website: www.naturallybalancedhealthcare.com

Social media: Facebook, Instagram

Big Bowl of Happy Nutrition

Modality: Nutritionist

Contact: Beck O'Farrell, Email: beckofarrell@bigpond.com

Practice Type: Online and in-person

Location: Macedon VIC

Specialties: Digestive health clinic. Also cooking workshops highlighting high fibre, plant-based, diversity

rich diets.

Website: Www.bigbowlofhappy.com.au

Social media: Instagram, Facebook

Natalie Earles

Modality: Naturopath

Contact: Natalie Earles - Tel: 03 9337 8572

Location: Essendon VIC 3040

Specialties: Digestive Health, Skin concerns, Autoimmune

conditions

Website: www.natalieearles.com.au

Celine Marie Naturopathy

Modality: Naturopath

Contact: Email: celine@celinemarienaturopathy.com.au

Clinic Days: Tuesday, Friday & Saturday

Practice Type: Online and in-person

Location: Kensington VIC 3031

Specialties: Women's Health Naturopath - Endometriosis,

Gut Health, Menstrual Cycle, Skin

Website: celinemarienaturopathy.com.au

Social media: Instagram

Monica's Herbal Health

Modality: Naturopath

Contact: Monica Roberts - Tel: 0410 234 567

Clinic Days: Tuesday - Saturday

Practice Type: Online and in-person

Location: Lilydale

Specialties: Naturopath

Website: https://www.croydonherbalhealth.com/

Ashley Von Arx Naturopathy

Modality: Naturopath

Contact: Ashley Von Arx – Email: hello@ashleyvonarx.com.au

Clinic Days: Mondays, Fridays, and some Saturdays

Practice Type: Online and in-person

Location: Fitzroy, VIC

Website: https://ashleyvonarx.com.au

Social media: Instagram

Freya Lawler Naturopathy

Modality: Naturopath

Contact: Freya Lawler – Email: <u>freya@freyalawler.com.au</u>

Clinic Days: Monday-Thursday

Practice Type: Online and in-person

Location: Melbourne

Specialties: Endometriosis, Fertility, Hormones

Website: www.freyalawler.com.au

Lisa Dunlop Naturopath

Modality: Naturopath

Contact: Lisa Dunlop – Website:

https://www.lisadunlopnaturopath.com.au/

Clinic Days: Monday, Tuesday, Wednesday, Thursday

Practice Type: Online and in-person

Location: Geelong, Victoria

Specialties: Gut Health - IBS, SIBO

Website: https://www.lisadunlopnaturopath.com.au/

Social media: Instagram

Naturopath Jade Flint

Modality: Naturopath

Contact: Jade Flint (they/she) - Email:

jade@naturopathjadeflint.com

Clinic Days: Monday, Wednesday, Thursday, Friday

Practice Type: Online and in-person

Location: Fitzroy, Melbourne

Specialties: LGBTQIA+ health, gut health, immune health,

mental health, hormonal health, skin health

Website: https://naturopathjadeflint.com/

Social media: Instagram

Urban Sense Wellness

Modality: Naturopath

Contact: Cheryl Penna – Email:

reception@urbansense.com.au - Tel: 0417 308 863

Clinic Days: Monday, Wednesday, Friday

Practice Type: Online and in-person

Location: Clifton Hill, VIC

Specialties: Women's health, healthy ageing, gut and

digestive issues

Website: www.urbansense.com.au

Tina Jenkins - Fertile Ground Health Group

Modality: Naturopath

Contact: Website: www.fertileground.com.au - Tel: 9419

9988

Leila DiQuinzio

Modality: Naturopath

Contact: Leila DiQuinzio – Email: <u>hello@leiladiquinzio.com</u>

Practice Type: Online and in-person

Location: Northcote, Melbourne

Specialties: Gut health (particularly IBS & SIBO), mental

health

Website: www.leiladiguinzio.com

Social media: Instagram

Naturological

Modality: Naturopath

Contact: Natalie Gibson - Tel: 0438 311 284

Practice Type: Online and in-person

Location: Williamstown, VIC, and online

Specialties: Digestive health, autoimmune disease,

thyroid health

Website: www.naturological.com.au

Social media: Instagram

Rude Health

 $\textbf{Modality:} \ \textbf{Naturopath;} \ \textbf{Nutritionist;} \ \textbf{Herbalist}$

Contact: Amanda James - Website:

www.rudehealth.com.au

Practice Type: Online and in-person

Location: Kyneton, VIC

Specialties: Gut health, skin health, hormonal health,

menopause

Website: www.rudehealth.com.au

Social media: Instagram

Simone Goulding Naturopath

Modality: Naturopath

Contact: Simone Goulding – Email: info@simonegoulding.com.au

Clinic Days: Monday, Tuesday, Saturday

Practice Type: Online and in-person

Location: Collingwood, VIC

Specialties: Fertility, preconception care, pregnancy,

women's health

Website: www.fertileground.com.au

Practice Type: Online and in-person

Location: South-east Melbourne

Specialties: Gut health, fertility, hormonal health

Website: www.simonegoulding.com.au

Social Media: Instagram, Facebook

Rocco DI Vincenzo - Brunswick Integrative Care

Modality: Dietitian; Nutritionist

Contact: Rocco Di Vincenzo - Email:

rocco@brunswickintegrativecare.com.au – Tel: (03) 9386

5557

Clinic Days: Monday to Friday (except Thursdays) from

9am-5pm

Practice Type: Online and in-person

Location: Brunswick East, Melbourne, VIC

Specialties: Gastrointestinal and liver dysfunction

(including MAFLD), neurological disorders

(depression/anxiety), neuropsychiatric disorders (ASD),

autoimmune disorders, metabolic syndrome

Website: www.brunswickintegrativecare.com.au

Social Media: Instagram, Facebook

Mata Wellbeing

Modality: Naturopath

Contact: Eleni Cico - Email: hello@matawellbeing.au -

Tel: 0422 845 544

Clinic Days: Monday to Friday

Practice Type: Online and in-person

Location: Moonee Ponds, VIC

Specialties: Skin health, gut health

Website: www.matawellbeing.au

Social media: Instagram

Earth Woman Medicine

Modality: Naturopath; Ayurveda

Contact: Edwina Crawford - Email:

edwinacrawfordnaturopathy@gmail.com - Tel: 0414 415

905

Practice Type: Online and in-person

Location: Melbourne

Specialties: Nervous system, mood, gut health, female

health

Website: www.earthwomanmedicine.com

Other: For bookings: https://elkandme.com.au

Social Media: Instagram, Facebook

Rathdowne Street Chinese Medicine

Modality: Acupuncturist and Chinese Herbal Medicine

Practitioner

Contact: Daniel Godel – Email: rathcmc@gmail.com – Tel:

9349 2677

Clinic Days: Monday 9-6, Wednesday-Friday 9-6

Practice Type: Online and in-person

Location: Carlton North, VIC

Website: www.danielgodel.com.au

Specialties: Certified Healthy Gut Practitioner and

Microbiome Analyst

The Friendly Naturopath

Modality: Naturopath

Tina Koutoukidis

Modality: Naturopath; Nutritionist

Contact: Jamie Friend – Email:

info@thefriendlynaturopath.com.au - Tel: 0407 507 390

Practice Type: Online and in-person

Location: Highett, VIC

Specialties: General health, fatigue, thyroid conditions,

fertility, skin conditions (acne, eczema, psoriasis)

Website: www.thefriendlynaturopath.com.au

Social media: Instagram

Social media: Instagram

Modality: Naturopath; Nutritionist

Greta Leeson - Naturopathy

Contact: Greta Leeson – Email: gretaleeson@gmail.com –

Tel: 5444 3211

Practice Type: Online and in-person

Location: Bendigo, VIC

Specialties: Microbiome, burnout, autoimmune

conditions

Website: www.naturopathicconnections.com.au

Social media: Instagram

Emma Wisbey Naturopath

Contact: Tina Koutoukidis - Email:

Clinic Days: Every day except Sunday

Practice Type: Online and in-person

Website: www.theholisticremedy.com.au

info@theholisticremedy.com.au - Tel: 0478 810 866

Specialties: Gut Health, Mental Health, Autoimmunity

Modality: Naturopath

Location: Essendon

Contact: Emma Wisbey – Email: emmawisbey@hotmail.com

Practice Type: Online and in-person

Location: Geelong

Specialties: Family Health

Website: www.emmawisbeynaturopath.com.au

Social media: Instagram

Paradigm Nutrition

Modality: Clinical Nutritionist & Pharmacist

Contact: Melanie Makris - Email:

melanie@paradigmnutrition.com.au - Tel: 03 4440 1940

Clinic Days: Tuesdays and Fridays Practice Type: Online and in-person

Location: 78A Barkly St, Bendigo, VIC 3551

Plumeria Wellness - Monique Evans Naturopath

Modality: Naturopath

Contact: Monique Evans - Email:

monique@plumeriawellness.com.au - Tel: 0433 086 582

Clinic Days: Wednesday and Saturday
Practice Type: Online and in-person
Location: Plenty, Victoria and Online

Specialties: Emotional and mental health, sexual health,

digestive health, hormonal health

Website: www.plumeriawellness.com.au

Social Media: Instagram | Facebook

Radiant Naturopathics

Modality: Naturopath

Contact: Aimee Joubert – Email:

aimee@radiantnaturopathics.com.au - Tel: 0411 525 795

Clinic Days: Monday, Thursday, Friday, and Saturday

Erin Dalton Naturopathy

Modality: Naturopath

Contact: Erin Dalton – Email:

erin@erindaltonnaturopathy.com.au - Tel: 0493 966 620

Practice Type: Online and in-person

Practice Type: Online and in-person

Location: Online and at Stable Health in Travancore, VIC

Website: www.radiantnaturopathics.com.au

Social Media: Instagram | Facebook

Location: Frankston VIC 3199

Website: www.erindaltonnaturopathy.com.au

Social Media: Instagram

Intuitive Body Naturopath - Andrea Dalton

Modality: Naturopath

Contact: Andrea Dalton – Email:

naturopathy@andreadalton.com.au - Tel: 0497 110 880

Practice Type: Online and in-person

Location: Mildura, VIC

Specialties: Women's Health, Vaginal Microbiome, Gut

Microbiome

Website: www.andreadalton.com.au

Social Media: Instagram

Every Season Naturopathy

Modality: Naturopath

Contact: Email: hello@everyseasonnaturopathy.com.au -

Clinic Days: Appointments available 7 days

Practice Type: Online and in-person

Location: Ballarat, Victoria

Specialties: Concussion & post-concussion, Autoimmune, complex presentations, women's health, skin health

Website: www.everyseasonnaturopathy.com.au

Social Media: Instagram

The Vag Hormone Naturopath

Modality: Naturopath

Contact: Alison Patchett - Email:

hello@thevaghormonenaturopath.com.au

Clinic Days: Monday, Tuesday, Wednesday, Thursday

Practice Type: Online and in-person

Location: Bundoora

Website: thevaghormonenaturopath.com.au

Social Media: Instagram

Natalie Cruttenden

Modality: Naturopath

Contact: Natalie Cruttenden - Email:

info@resonancetherapy.com.au - Tel: 03 9885 5964

Practice Type: Online and in-person

Location: Ashburton, VIC

Specialties: SIBO, gut health, peri and post menopause

Website: www.resonancetherapy.com.au

Nurcha Nutrition

Modality: Nutritionist

Contact: Sienna Mihaly – Email:

info@nurchanutrition.com.au - Tel: 0419 524 449

Clinic Days: Monday, Tuesday, Thursday Practice Type: Online and in-person

Location: Geelong, VIC

Specialties: Gut health, energy, skin, sleep, mood,

hormones

Website: www.nurchanutrition.com.au

Social Media: Instagram

Monica's Herbal Health

Modality: Naturopath

Contact: Monica Roberts - Email:

croydonherbalhealth@gmail.com - Tel: 0410 206

252

Practice Type: Online and in-person

Location: Lilydale

Website: www.croydonherbalhealth.com

The Friendly Naturopath

Modality: Naturopath

Contact: Jamie Friend – Email:

info@thefriendlynaturopath.com.au - Tel: 0407 507 390

Clinic Days: Tuesday-Friday (9:00am-8:00pm), Saturday

(9:00am-1:00pm)

Practice Type: Online and in-person

Location: Highett, VIC

Specialties: Fertility, Pregnancy & Paediatric Care, Gastrointestinal Health, Thyroid Conditions, and

Reproductive Wellbeing

Website: www.thefriendlynaturopath.com.au

Social Media: Instagram | Facebook

Qualifications: Bachelor of Health Science (Naturopathy),

NHAA

Maryam Integrative Naturopath

Modality: Naturopath

Contact: Maryam Omran – Email:

integrativenaturopath@outlook.com

Clinic Days: Monday-Thursday

Practice Type: Online and in-person

Location: Dallas, VIC

Specialties: Microbiome analysis, Cardiovascular Health,

Concomitant prescribing, Diabetes education

Social Media: Instagram

The Nutrition Factor

Modality: Nutritionist

Contact: Vicky Ellenport – Email:

Vicky@thenutritionfactor.com.au

Practice Type: Online and in-person

Location: Bayside Melbourne

Specialties: Gut health, IBD, SIBO, Autoimmune

Website: www.thenutritionfactor.com.au

Social Media: Instagram

Indra Share

Modality: Naturopath

Contact: Indra Share – Melbourne Natural Medicine Clinic

225 Park Street, South Melbourne VIC 3205

Phone: 03 9686 2566 - Email:

info@melbournenaturalmedicine.com.au

Practice Type: Online and in-person

Location: South Melbourne

Website: www.melbournenaturalmedicine.com.au

Simone Goulding Naturopath

Modality: Naturopath

Contact: Simone Goulding – Email:

info@simonegoulding.com.au

Practice Type: Online and in-person

Location: South East Melbourne

Specialties: Gut health, fertility, hormonal health, thyroid

health

By Nature Holistic Health

Modality: Naturopath

Contact: Website: <u>www.bynatureholistichealth.com.au</u> –

Tel: 0413 645 219

Practice Type: Online and in-person

Location: South Morang, Victoria

Specialties: Paediatrics, ASD, ADHD, PANS/PANDAS

 $\textbf{Website}: \underline{www.bynatureholistichealth.com.au}$

Website: www.simonegoulding.com.au	Social Media: Instagram
Katie Hopcraft Clinical Nutritionist	Jad Patrick Naturopathy
Modality: Nutritionist	Modality: Naturopath; Counsellor
Contact: Katie Hopcraft – Email:	Contact: Jad Patrick – Email:
admin@katiehopcraft.com.au	jad@prahranheal th foods.com. au-Website:
Clinic Days: Tuesdays and Thursdays	jadpatrick.com
Practice Type: Online and in-person	Clinic Days: Mondays and Fridays, 10am–5pm (Telehealth
Location: Richmond, Melbourne	and in-person)
Website: www.katiehopcraft.com.au	Practice Type: Online and in-person
Social Media: Instagram	Location: South Yarra, Victoria
	Specialties: Gut health and Mental Health
	Website: <u>jadpatrick.com</u>
	Social Media: Facebook Instagram

QLD Clinicians

Sarah Mundell	Kelly Allan - The KAN Clinic
Modality: Nutritionist	Modality: Naturopath
Contact: Sarah Mundell – Email: hello@sarahkateco.com.au – Tel: 0402 506 667	Contact: Email: info@thekanclinic.com.au Tel: 0420549035
Practice Type: Online only	Practice Type: Online and in-person
Location: Brisbane	Location: Graceville, Brisbane
Website: sarahkateco.com.au	Specialties: Paediatrics, vaginal health, eczema, SIBO
Social media: Instagram	Website: www.thekancinic.com.au
	Social Media: Instagram, Facebook
Chloe Louise from Innerform Health	Marianne Fountain
Modality: Nutritionist	Modality: Naturopathic Herbalist
Contact: Chloe Louise – Email:	Contact: Marianne Fountain
chloe@innerformhealth.com – Tel: +61 493 189 124	Practice Type: Online and in-person
Clinic Days: Thursdays, Fridays, Saturdays	
Practice Type: Online only	
Location: Sunshine Coast, Queensland	
Specialties: Certified Practicing Nutritionist (CPN). Gut	

Health & Digestive Imbalances. Mental Health & Mood. Support Nervous System Support. Weight Management & Metabolic Health. Chronic Disease Prevention & Wellness

Website: https://innerformhealth.com/nutrition

Social Media: Instagram, Facebook

Brendan O'Loughlin

Modality: Naturopath; Acupuncturist

Contact: Brendan O'Loughlin - Kula Health -

Website: www.kulahealth.com.au

Clinic Days: Monday - Friday

Practice Type: Online and in-person

Location: New Farm, Brisbane

Website: www.kulahealth.com.au

Social media: Instagram

Naturale-Her

Modality: Naturopath

Contact: Odette Lydford - Email: odette@naturale-

her.com.au

Practice Type: Online and in-person

Location: Sunshine Coast, QLD

Specialties: Aging and longevity, women's reproductive

health, menopause, gut issues

Website: www.naturale-her.com.au

Lesley Baker - Integrated Wellness Clinic & Lesley

Baker Naturopath

Modality: Naturopath

Contact: Lesley Baker – Websites: <u>Integrated Wellness</u>

Clinic & Lesley Baker Naturopath

Practice Type: Online and in-person

Location: Mooloolaba & Little Mountain

Specialties: Gut health, Inflammatory Bowel Disease, GORD, H Pylori, Constipation, Reflux, SIBO, SIMO, Microbiome Optimisation, Autoimmune Disorders

Website: Integrated Wellness Clinic
Website: Lesley Baker Naturopath

The Eczema Naturopath

Modality: Naturopath; Nutritionist

Contact: Belinda Byrnes – Email: info@theeczemanaturopath.com.au

Practice Type: Online and in-person

Location: Gaythorne, Brisbane

Specialties: Eczema, digestive health

Website: www.theeczemanaturopath.com.au

Social media: Instagram

Kalari Healing

Modality: Naturopath

Contact: Lalita Yagnik - Email: info@kalarihealing.com

Clinic Days: Monday to Friday 9am-6pm

Practice Type: Online and in-person

Location: Belli Park, Sunshine Coast, QLD

Specialties: Thyroid, hypothyroid, Hashimoto's

Website: www.kalarihealing.com

Claridge Naturopathics

Modality: Naturopath

Contact: Matthew Burrell – Tel: (03) 5221 8220

Practice Type: Online and in-person

Website: www.claridgenaturopathics.com.au

Social media: Instagram | Facebook Renee Hillier - Love Thy Earth Naturopathy **Angela French - Naturopath** Modality: Naturopath Modality: Naturopath Contact: Angela French Contact: Renee Hillier – Email: renee@lovethyearth.com.au Clinic Days: Yes, all weekdays Clinic Days: Monday, Tuesday, Friday Practice Type: Online and in-person Practice Type: Online and in-person Location: Robina, QLD Specialties: Gut health, mental health, and women's Location: Benowa, Gold Coast, QLD, Australia Specialties: Gut Health, Sleep, Hormones, Skin, Children's Health, Preconception Support Website: www.angelafrench.com.au Social Media: Facebook | Instagram Website: www.lovethyearth.com.au/naturopath Social media: Facebook & Instagram **Luna Wellness Collective Kate Shore** Modality: Naturopath Modality: Naturopath Contact: Kylie Smart - Email: **Contact**: Kate Shore – Email: <u>kate@kateshore.com</u> hello@lunawellnessco.com.au - Tel: 07 5641 4190 Practice Type: Online and in-person Practice Type: Online and in-person Location: North Warrandyte Location: Yandina and Online Specialties: Paediatrics Specialties: ADHD, Mental Health & Women's Health Website: www.kateshore.com Website: www.kyliesmart.com.au | Social Media: Instagram www.lunawellnessco.com.au **Social Media:** Instagram **True Vitality / Sue Kira** The IVF Project Modality: Naturopath Modality: Dietitian **Contact**: Sue Kira – Email: sue@truevitality.com.au – Tel: Contact: Kirrily Tutt – c/- The IVF Project – Tel: 1300 084 0416 283 396

Clinic Days: Tuesdays, Thursdays, and Saturdays

Practice Type: Online and in-person

Location: Palmview, Sunshine Coast, QLD

Specialties: Pyrrole, gut health, mental health, female

health

Website: www.truevitality.com.au

Additional Info: 32 years as a Naturopath, Nutritionist, and Herbalist with a background in Science, Research, and

Practice Type: Online and in-person

Location: Spring Hill, Brisbane

Specialties: Fertility, including Women's Health

(Endometriosis, PCOS, Adenomyosis) and Gut Health

Website: www.theivfproject.com

Social Media: Instagram | Facebook

Forensic Medicine	
Katrina Froome Naturopathy	Naturale-her
Modality: Naturopath	Modality: Naturopath
Contact: Katrina Froome – Email:	Contact: Odette Lydford – Email: odette@naturale-
katrina@katrinafroomenaturopathy.com.au	her.com.au
Clinic Days: Monday, Tuesday (9:00am-7:00pm) Friday	Clinic Days: Monday–Friday
(11:00am-5:00pm) Saturday (8:30am-3:00pm)	Practice Type: Online and in-person
Practice Type: Online and in-person	Location: Hervey Bay
Location: Springfield Lakes, QLD 4300	Specialties: Women's health
Specialties: Digestive Health (SIBO, IBS), Metabolic Health,	Website: www.naturale-her.com.au
Women's Health, Children's and Teenager's Health	Social Media: Facebook
Website: www.katrinafroomenaturopathy.com.au	<u></u>
Social Media: Facebook Instagram	
Kiera Hisabau Naturanath	
Kiera Hinshaw Naturopath	
Modality: Naturopath	
Contact: Website: www.kierahinshawnaturopath.com.au	
Clinic Days: Monday, Tuesday, Wednesday	
Practice Type: Online and in-person	
Location: Airlie Beach, QLD	
Social Media: <u>Facebook</u>	

WA Clinicians

Maddy - Omoi Health
Modality: Naturopath; Registered Nurse;
Contact: Maddy Gates, hello@omoi.com.au, www.omoihealth.com.au
Practice Type: Online only
Location: Fremantle, Perth
Specialties: Gut health, women's health, preconception and pregnancy.

Location: Denmark, WA

Social media: Instagram

Website: www.yinandtonicnaturalmedicine.com.au

Social Media: Facebook Website: www.omoihealth.com.au Social media: Instagram, Facebook **Inside Out Health- Sue Bennet Gloria Cicchini Naturopath** Modality: Naturopath; Nutritionist; Colonic therapist; Modality: Naturopath Contact: Email: sue.fremantlehealth@gmail.com Contact: Email: naturopathiclifecoach@gmail.com Clinic Days: Mon-Sat 9 am - 6 pm Clinic Days: Mon, Tuesday, Wed, Thurs Practice Type: Online and in-person Practice Type: Online and in-person Location: Fremantle, WA Location: Hillarys, WA Specialties: Naturopathic medicine, medical herbalist, Specialties: Children's Health, Gut Health, ADHD, nutritionist, colonic hydrotherapist, pathology testing, Gut Women's Health & Hormones health Website: www.glorianaturopath.com.au Website: www.insideouthealthlounge.com Social Media: Instagram, Facebook **Amanda Martindale Inner Fit Nutrition Chelsey Costa Modality:** Nutritionist Modality: Naturopath Contact: Amanda Martindale - Email: **Contact:** Chelsey Costa – Website: info@innerfitnutrition.com - Tel: 0494 077 116 https://www.peppermintandsage.com/ Practice Type: Online and in-person Clinic Days: Tuesday, Thursday, Saturday Location: Bunbury WA Practice Type: Online and in-person Specialties: Gut health, hormones, skin issues, SIBO, Location: Perth WA thyroid illness Specialties: Women's health, fertility, gut issues, skin Website: www.innerfitnutrition.com issues Social media: Facebook Website: https://www.peppermintandsage.com/ Social media: Instagram **Yin and Tonic Natural Medicine Embodii Wellness Co** Modality: Naturopath; Nutritionist; Herbalist; Homeopath Modality: Naturopath **Contact:** Emma Lloyd – Website: **Contact:** Chloe Dennison, Rachel Dhanjal – Email: www.yinandtonicnaturalmedicine.com.au hello@embodiiwellness.co Clinic Days: Monday – Thursday Practice Type: Online and in-person Location: Alkimos and Bullcreek, Perth Practice Type: Online and in-person

cycles

Specialties: Gut health: IBS, IBD, Chronic bloating, Reflux; Hormone health: Endometriosis, PMS, Irregular menstrual

Website: https://www.embodiiwellness.co/

Claire Hargreaves Naturopath

Modality: Naturopath; Nutritionist

Contact: Claire Hargreaves – Email:

hello@clairehargreaves.com.au

Practice Type: Online and in-person

Location: Halls Head, WA

Website: www.clairehargreaves.com.au

Social media: Instagram

Leah Hardy Naturopathy

Modality: Naturopath

Contact: Leah Hardy - Email:

leahhardy.naturopath@gmail.com

Practice Type: Online and in-person

Location: Margaret River, WA

Website: leahhardy.com.au

Social media: Instagram

Niki Cleuet - Perth Health & Fertility

Modality: Naturopath; Childbirth Educator

Contact: Niki Cleuet - Tel: 08 9285 0998

Practice Type: Online and in-person

Location: City Beach, Perth

Specialties: Fertility, women's health, thyroid disorders,

pregnancy, and postpartum care

Website: www.nikicleuet.com

Social Media: Instagram, Facebook

Smith & Co Naturopathic Medicine

Modality: Naturopath

Contact: Samantha Smith - Email:

sam@smmithandconaturopathic.com - Tel: 0412 760 329

Clinic Days: Tuesday, Wednesday, Thursday, alternate

Saturdays

Practice Type: Online and in-person

Location: West Leederville, WA

Specialties: Gastrointestinal Health, Genitourinary

presentations, Mental Wellbeing

Website: www.smithandconaturopathic.com

Social Media: Instagram, Facebook

Rachael Steele Naturopath

Modality: Naturopath

Contact: Rachael Steele – Energise Natural Health – Email:

admin@energise-health.com.au - Tel: 08 6261 6400

Practice Type: Online and in-person

Location: Kallaroo, WA

Specialties: Women's Health, Hormone Health, Digestive Health, Post Viral Complications, Stress Management,

Mental Health, Sleep Issues, Children's Health, Thyroid

Health, Energy Optimisation

Website: www.energise-health.com.au

Bayshore Naturopathic Clinic

Modality: Naturopath

Jo Coates - Remede Wellness Medicine

Modality: Naturopath

Contact: Jo Coates – Email: jo@remede.com.au – Tel:

0892861166

Practice Type: Online and in-person

Location: Perth

Specialties: Gut Health

Website: www.remede.com.au

Social Media: Instagram

Mind Body Nutrition

Modality: Nutritionist

Contact: Bayshore Naturopathic Clinic – Email:

info@bayshorenaturopathic.com.au - Tel: 08 95927360

Clinic Days: Monday - Saturday

Practice Type: Online and in-person

Location: Rockingham WA

Website: www.bayshorenaturopathic.com

Social Media: Facebook | Instagram

Contact: Danielle Coombes-Pearce – Email:

danielle.mindbodynutrition@gmail.com - Tel: 0417 181

711

Practice Type: Online and in-person

Location: Dunsborough, Western Australia

Specialties: Women's health, gut and hormone specialist

Website: www.mindbody-nutrition.com.au

Social Media: Instagram

Smith & Co Naturopathic Medicine

Modality: Naturopath

Contact: Samantha Smith – Email:

sam@smithandconaturopathic.com – Tel: 0412 760 329

Clinic Days: Tuesday, Wednesday, Thursday, Alternate

Saturdays

Practice Type: Online and in-person

Location: West Leederville, WA

Specialties: Gut health, Women's genitourinary concerns,

Mental ill health

Website: www.smithandconaturopathic.com

Social Media: Instagram | Facebook

Qualifications: Master of Women's Health | Bachelor of Environmental Science | Advanced Diploma Naturopathy

TAS Clinicians

Chantel Yates, Naturopath and Herbalist

Modality: Naturopath; Herbalist

Contact: Chantel Yates – Email:

hello@chantelyates.com.au

Practice Type: Online only

Location: Tasmania

Specialties: Microbiome restoration

Website: https://www.chantelyates.com.au/

Learn To Nourish

Modality: Nutritionist

Contact: Benedict Freudenmann - Tel: 0421124589 -

Email: contact@learntonourish.com

Practice Type: Online and in-person

Location: Ranelagh and Kieser Hobart

Specialties: Gut health, cancer, autoimmune, diabetes,

weight loss.

Social Media: <u>Facebook</u> , <u>Instagram</u>	Website: www.learntonourish.com
	Social Media: Instagram, Facebook
LAGOM NutriHealing - Jennifer Phillips	
Modality: Nutritionist	
Contact: Jennifer Phillips – Email:	
lagom.nutrihealing@gmail.com – Tel: 0447 710 961	
Practice Type: Online and in-person	
Location: Hobart region	
Specialties: Complex problem solver	
Website: lagomnutrihealing.wordpress.com	

SA Clinicians

Sonya Thorn Naturopath	Vanessa Wood Naturopathy
Modality: Naturopath	Modality: Naturopath
Contact: Sonya Thorn – Email:	Contact: Vanessa Wood – Email:
<u>info@sonyathornnaturopath.com</u> – Tel: 0407611557,	vanessawood.naturopathy@gmail.com
Practice Type: Online and in-person	Clinic Days: Wednesdays and Fridays 9-5:30 pm
Location: 35 Old Kapunda Road, Nuriootpa, SA 5355	Practice Type: Online and in-person
Specialties: Naturopath, MRC Certified Healthy Gut	Location: McLaren Vale, Adelaide
Practitioner	Specialties: Family Naturopathy, mental health, general
Website: www.sonyathornnaturopath.com	wellness
Social Media: <u>Facebook</u> , <u>Instagram</u>	Social media: Instagram
Alice Haddy Naturopath	Rebecca Urban
Modality: Naturopath; Nutritionist	Modality: Naturopath; Nutritionist
Contact: Alice Haddy – Email:	Contact: Rebecca Urban – Email:
hello@alicehaddynaturopath.com	hello@rebeccaurban.com.au
Clinic Days: Wednesday, Thursday, Saturday	Clinic Days: Tuesday, Wednesday, Thursday
Practice Type: Online and in-person	Practice Type: Online and in-person
Location: Streaky Bay, Adelaide, Port Lincoln	Location: Adelaide, South Australia
Specialties: Metabolic health, Alzheimer's and cognitive	Specialties: General practice, Reproductive and
decline, Autoimmunity, gastrointestinal disorders	Preconception Health Care for Men & Women, Pregnancy,

Website: https://alicehaddynaturopath.com Breastfeeding Educator, Paediatrics Website: www.rebeccaurban.com.au **Eclipse Naturopathy Margherita Officer of Natural Health Medicine** Modality: Naturopath **Modality:** Naturopath; Nutritionist Contact: Stephanie - Email: Contact: Margherita Officer – Email: hello@eclipsewellness.com.au margheritaofficer@me.com - Tel: 08 8332 2271 Practice Type: Online and in-person Clinic Days: Tuesday, Wednesday, Friday (Thursday via Zoom) Location: Marleston, SA Practice Type: Online and in-person Specialties: Gut health, thyroid, mental health, vaginal Location: 102 Portrush Rd, Payneham South, SA 5070 health Website: www.eclipsewellness.com.au **Specialties:** Allergies, women's health, children, skin problems, gut biome testing, wellness Social media: Instagram Website: https://naturalhealthmedicine.com.au/booking/ Kelli Kieselbach - Naturopath Nutritionist **Tummy Rescue - Danielle Elliott** Modality: Naturopath; Nutritionist Modality: Naturopath Contact: Danielle Elliott, Tummy Rescue at SA Spine and Contact: Kelli Kieselbach – Email: info@kellik.com.au Health – Email: tummyrescue@gmail.com – Tel: (08) 8297 Practice Type: Online and in-person Location: Broadview & Wynn Vale, South Australia Clinic Days: Tuesday, Wednesday, Thursday Specialties: Fatigue, ME/CFS, Fibromyalgia, Post-Viral Practice Type: Online and in-person Illness, Digestive Issues, Stress & Anxiety Location: 463 Cross Road, South Plympton 5038 SA Website: www.kellik.com.au Specialties: Gut Health, IBS, SIBO, Crohn's Disease, Colitis, Social Media: Facebook, Instagram & YouTube Coeliac Disease Website: www.tummyrescue.com.au/contact-us Social Media: Facebook | Instagram

Healthful Wellness Hub

Modality: Naturopath

Contact: Jacqui Watts – Email: info@healthful.net.au –

Tel: (08) 7084 2366

Clinic Days: Yes - Tuesday to Friday
Practice Type: Online and in-person
Location: Glenelg, South Australia

Specialties: Hormone Health, Skin Health

Website: www.healthful.net.au

Margherita Officer Naturopath

Modality: Nutritionist; Naturopath **Contact**: Margherita Officer – Email:

margheritaofficer@me.com - Tel: 08 8332 2271

Clinic Days: Tuesday, Wednesday, Friday
Practice Type: Online and in-person

Location: 102 Portrush Road, Payneham South (Adelaide),

SA

Specialties: Gut health, Fertility, Children, Women's

Social Media: Instagram Facebook	health
	Website: naturalhealthmedicine.com.au/meet-the-team/

Online-only Clinicians

Nourished Gut Clinic

Modality: Naturopath; Nutritionist;

Contact: Karly Raven - Email: hello@karlyraven.com

Practice Type: Online only

Specialties: IBS, SIBO, IBD & Food Intolerances

Website: www.nourishedgutclinic.com

Social media: Instagram

Steven Judge Clinical Naturopathy

Modality: Naturopath; Nutritionist

Contact: Steven Judge – Email: bookings@stevenjudge.com.au

Clinic Days: Tuesday, Wednesday, Friday

Practice Type: Online only

Specialties: IBS, IBS, Leaky-Gut, SIBO, Mental Health,

Endometriosis

Website: www.stevenjudge.com.au

Social media: Instagram

Rachel Larsson

Modality: Naturopath; Nutritionist;

Contact: Rachel Larsson - Email: hello@rachellarsson.com.au

Practice Type: Online only

Specialties: Gut Health: Bloating, IBS, SIBO, Food Intolerances, Inflammatory Bowel Disease, Coeliac

Disease, Autoimmune disorders,

Website: https://www.rachellarsson.com.au/

Social media: Instagram

Laura Taylor Health

Modality: Naturopath

Contact: Email - hello@laurataylorhealth.com.au

Practice Type: Online only

Specialties: IBS, SIBO, IBD, constipation, bloating

Website: www.laurataylorhealth.com.au

Social media: <u>Instagram</u>

Laura Kramer | Aesara Health

Modality: Naturopath; Nutritionist

Contact: Laura Kramer – Email: laura@aesarahealth.com

Clinic Days: Saturday

Practice Type: Online only

Specialties: cardiovascular health, mental health,

autoimmune, men's health, menopause

Website: aesarahealth.com

Christine Smith Nutrition

Modality: Nutritionist

Contact: Christine Smith www.christinesmith.com.au

Clinic Days: Tuesday, Thursday, Friday

Practice Type: Online only

Website: www.christinesmith.com.au

Social media: <u>Instagram</u>

Social media: Instagram	
The Women's Naturopath - Karen Saunders	Kate Spina Nutrition
Modality: Naturopath; Nutritionist;	Modality: Nutritionist
Contact: Karen Saunders – Email: hello@karen-	Contact: Kate Spina – Email: kate@katespinanutrition.com
<u>saunders.com</u>	Practice Type: Online only
Practice Type: Online only	Specialties: IBS, SIBO, food intolerances, gut bacteria
Location: Online Australia-Wide	imbalances
Specialties: Digestive health, hormonal conditions, vaginal health. Special interest in: IBS + bloating, endometriosis,	Website: www.katespinanutrition.com
PCOS, fertility, recurrent vaginal conditions	Social media: Instagram
Website: https://www.karen-saunders.com/	
Social media: Instagram	
Dr Brad Leech	Blooming into Health
Modality: Nutritionist; Naturopath	Modality: Naturopath
Contact: Dr Brad Leech – Email: info@drbradleech.com	Contact: Maddison – Email:
Practice Type: Online only	hello@bloomingintohealth.com.au
Specialties: Microbiome, Autoimmune Disease, Gut	Clinic Days: Thursdays
Health	Practice Type: Online only
Website: www.DrBradLeech.com	Specialties: Skin health, Thyroid Health, Gut Health
Social media: Instagram, Facebook, LinkedIn, YouTube	Website: www.bloomingintohealth.com.au
	Social media: Instagram
Jade Walker	New Leaf Naturopathic Health
Modality: Naturopath	Modality: Naturopath; Nutritionist; Herbalist
Contact: Jade Walker – Email: info@jadewalker.com.au	Contact: Hannah Boyd
Practice Type: Online only	Practice Type: Online only
Specialties: Endometriosis, SIBO/IMO, ADHD	Specialties: Gut health, mental health, hormone health,
Website: www.jadewalker.com.au	immune health
Social media: Instagram	Website: www.new-leaf.com.au
	Social media: Instagram
The Hawrelak Gut and Microbiome Clinic	Dania Foster Naturopathy
Modality: Naturopath; Nutritionist; MRC Certified Microbiome Analyst	Modality: Naturopath
Contact: Dr Jason Hawrelak ND, BNat (Hons), PhD – Tel:	Contact: Dania Foster – Email: support@daniafoster.com
(03) 6234 4223	Clinic Days: Monday, Wednesday, Thursday, Saturday
Practice Type: Online only	Practice Type: Online only

Website: https://www.gouldsnaturalmedicine.com.au/dr-

jason-hawrelak-gut-and-microbiome-team

Social media: Instagram, Facebook

Location: Ipswich, QLD

Specialties: Mother and child health

Website: www.daniafoster.com

Social media: Instagram, Facebook

Adina S Naturopathy

Modality: Naturopath

Contact: Adina Schon – Email:

adina@adinathenaturopath.com - Tel: 0424 396 210

Practice Type: Online only

Location: Online

Specialties: Skin, Gut, Hormones

Website: www.adinathenaturopath.com

Social media: Instagram

Rachel Larsson

Modality: Naturopath; Nutritionist

Contact: Email: hello@rachellarsson.com.au

Practice Type: Online only

Specialties: Gut health, bloating, IBS, SIBO, food intolerances, IBD, Coeliac disease, constipation

Website: https://www.rachellarsson.com.au/

Social media: Instagram, Facebook

Lianna Powell Naturopath

Modality: Naturopath

Contact: Lianna Powell – Email:

liannapowellnaturopath@outlook.com

Clinic Days: Monday to Friday

Practice Type: Online only

Location: Ballina, NSW

Specialties: Women's health, reproductive health,

fertility, gut health

Website: www.liannapowellnaturopath.com

Social media: Instagram

Natasja Fox Consulting

Modality: Integrative Chinese Medicine & Nutrition

Contact: Natasja Fox – Email: info@natasjafox.com

Practice Type: Online only

Location: Melbourne

Specialties: Oral & Gut Health, Hormonal Balance,

Burnout Recovery

Website: www.natasjafox.com

Social Media: Instagram, TikTok |

Other: Integrative Health Specialist offering evidence-

based strategies for sustainable results

Alethea Mills Nutrition

Modality: Nutritionist

Contact: Alethea Mills – Email: health@aletheanutrition.net.au

Practice Type: Online only

Specialties: Sports nutrition, gut health

Website: https://aletheanutrition.net.au/

Social media: Instagram

Balanced by Brooke Schiller

Modality: Naturopath; Nutritionist

Contact: Brooke Schiller – Email: hello@balancedbbs.com

Practice Type: Online only

Specialties: IBS, SIBO, bloating, constipation, diarrhoea,

reflux, IBD

Website: www.balancedbbs.com

Social media: Instagram

Catherine Pritchard - Naturopath

Modality: Naturopath

Contact: Catherine Pritchard - Tel: 02 9247 4633

Practice Type: Online only

Specialties: Fatigue, digestive and microbiome health,

thyroid dysfunction, hormonal imbalances

Website: www.catherinepritchard.com.au

Allison Jones

Modality: Naturopath; Nutritionist

Contact: Allison Jones

Practice Type: Online only

Location: Sydney

Specialties: Microbiome health, digestive health, hormonal health, endometriosis, anxiety, autoimmune

conditions

Website: www.bodyelectricvitality.com.au

Social media: Instagram

The Paediatric Naturopath & Nutritionist

Modality: Nutritionist

Contact: Sara Kallis - Email:

admin@thepaediatricnaturopath.com.au

Clinic Days: Tuesday, Wednesday, Thursday

Specialties: Paediatric Nutrition and Feeding Therapy

Website: www.thepaediatricnaturopath.com.au

Social media: Instagram & Facebook

Practice Type: Online only

Mel Bald - The Passionate Nutritionist

Modality: Nutritionist

Contact: Mel Bald – Email:

mel@thepassionatenutritionist.com.au - Tel: 0417 110

672

Practice Type: Online only

Specialties: Perimenopause, Menopause, Ageing Well

Website: www.thepassionatenutritionist.com.au

Social media: Instagram & Facebook

Emi Macnish - Naturopath

Modality: Naturopath

Contact: Emi Macnish – Email: info@emi-macnish.com.au

Practice Type: Online only

Specialties: Endometriosis, PCOS, Reproductive Health,

IBS

Website: www.emi-macnish.com.au

Social media: Instagram: Instagram

Karly Raven

Modality: Naturopath

Contact: Karly Raven, Nourished Gut Clinic – Email:

hello@karlyraven.com

Practice Type: Online only **Specialties**: IBS, SIBO, IBD

Website: www.nourishedgutclinic.com

Social Media: Instagram

Clear Skin Coach

Modality: Naturopath

Contact: Brooke Venables - Email:

hello@clearskincoach.co

Practice Type: Online only

Emily Bryson Naturopathy

Modality: Naturopath

Contact: Emily Bryson – Tel: 0439 343 217 – Website:

www.emilybryson.com.au

Practice Type: Online and in-person

Clinic Days: Monday - Friday (12pm - 7pm)

Practice Type: Online only

Location: Bondi Junction

Location: Perth, WA Location: Naracoorte Website: www.emilybryson.com.au Specialties: Skin, gut, hormones Social Media: Instagram | Facebook Social Media: Instagram **GutCode Pranay Health** Modality: Dietitian Modality: Naturopath Contact: Nick Dunn - Email: hello@gutcode.co Contact: Tania Peta – Email: hello@pranay.au Clinic Days: Monday to Friday 8am-6pm Website: www.pranay.au Practice Type: Online only Clinic Days: Monday, Tuesday, Wednesday, Thursday, Website: gutcode.co Friday **Social Media: Instagram** Practice Type: Online only Location: Bondi Junction Specialties: Gut Health, Hormones, Sports Nutrition, Thyroid conditions Social Media: Instagram The Gut Project Naturopathy **Bec Issell Health & Nutrition** Modality: Naturopath Modality: Nutritionist Contact: Jessica Cruze - Email: Contact: Bec Issell – Email: hello@becissellhealth.com.au jessica@thegutproject.com.au - Website: - Tel: 0407 557 280 www.thegutproject.com.au Practice Type: Online only Practice Type: Online only Location: Gold Coast Specialties: Inflammatory bowel disease, dysbiosis, Specialties: Gut Health, Women's Health, Metabolic intestinal permeability, SIBO, chronic gut complaints Health (bloating, constipation, diarrhoea) Website: www.becissellhealth.com.au Social Media: Facebook | Instagram Website: www.thegutproject.com.au Additional Info: Supporting busy mums to nourish Social Media: Instagram | Facebook Additional Info: Offers packages in addition to individual themselves & their families consultations **Pranay Health Nicole Brown Naturopathy** Modality: Naturopath Modality: Naturopath; Nutritionist; Herbalist Contact: Tania Peta – Email: hello@pranay.au **Contact**: Website: www.nicolebrownnaturopathy.com

Practice Type: Online only

Location: Australia Wide and International **Website**: www.nicolebrownnaturopathy.com

Specialties: Gut & Mental Health, Thyroid Conditions,

Sports Nutrition

Website: www.pranay.au
Social Media: Instagram

Social Media: Instagram

Nicole Peasnell - Seed and Flourish Naturopathy

Modality: Naturopath; Herbalist **Contact**: Nicole Peasnell – Email: info@seedandflourish.com

Clinic Days: Monday, Wednesday, Friday

Practice Type: Online only

Location: Brisbane

Specialties: SIBO, IBS, Chronic digestive issues,
Microbiome optimisation, Fertility and reproductive
health, Thyroid health, Skin health, Autoimmunity

Website: www.seedandflourish.com

Social Media: Instagram | Facebook

Qualifications: Bachelor of Naturopathy

Gemma Knaap – Southernwood Apothecary & Clinic

Modality: Naturopath

Contact: Email: <u>hello@southernwoodapothecary.com.au</u>

Practice Type: Online only

Specialties: Women's Health, Menopause &

Perimenopause, Women's Hormone Imbalances, Fertility,

Gut Health

Website: www.southernwoodapothecary.com.au

Social Media: Facebook | Instagram

Laura Kramer - Aesara Health

Modality: Naturopath; Nutritionist

Contact: Email: laura@aesarahealth.com

Clinic Days: Monday—Friday

Practice Type: Online only

Location: Melbourne and Paris

Specialties: Autoimmune, Menopause, Fertility, Cardiovascular disease, Mental health, IBS & IBD

Website: aesarahealth.com
Social Media: Instagram:

Additional Info: Qualified yoga teacher, pre & postnatal

exercise expert, and reiki practitioner

Raul Pastrana

Modality: Naturopath

Contact: Email: raul@rhreproductivehealth.com **Clinic Days:** Mondays, Tuesdays, and Thursdays

Practice Type: Online only

Location: Melbourne

Specialties: Reproductive Health, IVF, Peri/Menopause,

Male Hormones, Sperm Health

Website: www.rhreproductivehealth.com

Social Media: Instagram

Catharine Baker - Balance Me Nutrition

Modality: Nutritionist

Contact: Email available via website **Clinic Days:** Friday or by appointment

Practice Type: Online only

Location: Sydney

Specialties: IBD, weight management

Website: www.balancemenutrition.com.au

Social Media: Instagram

ACT Clinicians

Rosie Naturopathy

Modality: Naturopath

Contact: Rosie Mingay – Email: contact@rosienaturopathy.com

Clinic Days: Monday and Wednesday

Practice Type: Online only **Location:** Canberra, ACT

Specialties: Digestive health, reproductive health,

immune health, histamine excess/MCAS

Website: https://www.rosienaturopathy.com.au/

Social media: Instagram

Tilly Wardale - Earth and Seed Nutrition

Modality: Nutritionist

Contact: Tilly Wardale – Email:

tilly@earthandseednutrition.com.au - Website:

earthandseednutrition.com.au

Clinic Days: Tuesday, Thursday, Friday
Practice Type: Online and in-person

Location: Canberra

Specialties: Women's health, Children's health, Chronic

Illness

Website: earthandseednutrition.com.au
Social Media: Instagram, Facebook, TikTok

Additional Info: Offers free 15-minute discovery calls -

Book here

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